

FOOD LOVER'S MARKET

YOUR FAVOURITE SAVINGS SPREE IS BACK

OUR R50 BAKERY DEALS

R50
BUCKS

Malva Pudding & Milk Tart

ANY 15 FOR
R50Party Platter: Mini Danishes,
Mini Sausage Rolls & Cinnamon Doughnuts

OUR R50 SEAFOOD DEALS

R50
BUCKSFood Lover's Signature
Seafood Mix 700 gR50
BUCKSFood Lover's Signature Frozen
Whole Kob per kg

R50

COMBO
Buy ONE Clover Full
Cream or Low Fat
Milk 2 L &
TWO Blue Ribbon
Classic White
Bread 700 g

2 FOR
R50

Food Lover's Large Eggs 18's

R50
BUCKS

Sweet Treat Tubs Assorted 400 g/ 450 g

3 FOR
R50

Diamond Crown Frozen Potato Chips 1 kg

4 FOR
R50Food Lover's Shredded
Tuna in Brine 170 g2 FOR
R50Lancewood Cottage
Cheese Assorted 250 g2 FOR
R50

Simpl Juice Assorted 1.5 L

6 FOR
R50

Food Lover's Puffs 100 g

7 FOR
R50La Belinda Chopped or Whole
Peeled Tomatoes 400 g

LIVE A HEALTHY *Balanced Life*

BIG DEAL
39.99

You First
Odourless Coconut Oil 1 L



BIG DEAL
24.99

You First Chia Seeds 150 g



EXCLUSIVE
TO FOOD
LOVER'S
MARKET

149⁹⁹

each
Nature's Gold Raw Orange
Blossom or Macadamia Honey 1 kg

EXCLUSIVE
TO FOOD
LOVER'S
MARKET

79⁹⁹

each
Nature's Gold Raw Orange
Blossom, Macadamia, Blue Gum,
Creamed Honey 500 g



3 FOR R100

Blue Diamond Almond Breeze Original,
Unsweetened, Vanilla Sweetened, Vanilla
Unsweetened, Chocolate Sweetened 1 L

34⁹⁹

each
Oh Mega Smooth or Crunchy
Peanut Butter 400 g

19⁹⁹

each
Rugani Carrot & Beetroot,
Carrot & Pineapple, Ginger Infused
Carrot or 100% Pineapple Juice
750 ml or ZZZ Tomato Juice 750 ml



3 FOR R100

Heba 200 g

99⁹⁹

each
Oh Mega Butter Assorted: Almond 400 g,
Cashew 400 g, Choc Almond 400 g,
Macadamia 375 g & Salted Caramel 400 g

149⁹⁹

each
You First Himalayan Salted
Cashews, Mixed Nuts, Almonds
or Macadamias 500 g

149⁹⁹

each
You First Almonds CSSR 1 kg

29⁹⁹

each
T'best Aloe Water Assorted 1.5 L

14⁹⁹

each
T'best Aloe Sugar Free
Water Assorted 500 ml